

INFANT DAILY SCHEDULE

- 6:45 – 8:15 Greet Families
Planned & Spontaneous Learning Experiences – Individual & Small Group Play
- 8:15 – 8:45 Morning Snack/Infant Feeding
Diaper Change Routine
- 8:45 – 10:15 Get Ready for Outdoors
Outdoor Play (1 hr)
Undress from Outdoors
- 10:15 – 11:00 Diaper Change Routine
Planned and Spontaneous Learning Experiences
Alternative Morning Rest Period
- 11:00 – 11:15 Large Group Time (singing, fingerplays, stories, music, etc)
- 11:15 – 12:00 Lunch
Diaper Change Routine
- 12:00– 2:15 Primary Rest Period/Mid-Day Alternate Rest Period (1-2pm)
Planned & Spontaneous Learning Experiences – Individual Play
- 2:15 – 2:45 Afternoon Snack/Infant Feeding
Diaper Change Routine
Planned & Spontaneous Learning Experiences – Individual & Small Group Play
- 2:45 – 4:15 Get Ready for Outdoors
Outdoor Play (1 hr)
Undress from Outdoors
- 4:00 – 4:30 Washroom/Diaper Change/Hand Hygiene Routine
Late Snack/Infant Feeding
- 4:30 – 6:30 Planned & Spontaneous Learning Experiences
Alternate Afternoon Rest Period (4:30 – 5:30)
Greet Families - Say Goodbye